



# AEGIS JIU JITSU • STUDENT SCHEDULE

As of 1/2/23

SUN	MON	TUE	WED	THU	FRI	SAT	
						10:00a Kids' Class 10:45a	10:00a Athena Program 10:45a
11:00a Open Mat 12:30p						11:00a Open Mat 12:30p	
	12:00p Drilling 1:00p	12:00p Adult Jiu Jitsu 1:00p	12:00p Drilling 1:00p	12:00p Adult Jiu Jitsu 1:00p	12:00p Drilling 1:00p		
	5:30p Kids' Class 6:15p		5:30p Kids' Class 6:15p				
	6:30p Adult Jiu Jitsu 8:00p	6:30p No-Gi Jiu Jitsu 8:00p	6:30p Adult Jiu Jitsu 8:00p	6:30p No-Gi Jiu Jitsu 8:00p			

## HOLIDAY CLOSURES

**The studio is closed annually in observance of the following holidays:** New Year's Day; Easter Sunday; Memorial Day; Independence Day; Labor Day; Thanksgiving Day; Black Friday; Christmas Eve; Christmas Day; New Year's Eve

## LEGEND

- Adult Jiu Jitsu Members
- Athena Program Members
- Adult Jiu Jitsu & Athena Members
- Kids' Jiu Jitsu Members